

glidingschool.com Self-Briefing Progress for _____

Lesson	Read Lesson	Viewed Demo	Completed Exercise	Mentor Confirmation
03a Using The Lessons				
04b Lookout and Scan Cycle				
04c Visual References				
04d Who has Control				
05a Effect of Elevator				
05b Effect of Aileron				
05c Effect of Rudder				
06a Secondary Effect of Aileron				
06b Secondary Effect of Rudder				
06c Co-ordinated Rolling				
07a Airspeed Monitoring				
07b Use of Trimmer				
08a Turning Using All Three Controls				
Alternative: Turning with a Level Horizon: Repeat 08a using scenario 07a				
Extension: Turning in Turbulence: Repeat 08a using scenario 08d				
08b Straight Glide				
08c Straight Glide in a X-Wind				
08d Straight Glide in Turbulence				
09a Slow Flight & Stalls				
09c Stalls in Steep Turns				
09d Stall in Climbing Attitude				
10a Spinning				
11b Winch Launch				
11b1 Winch Launch X-Wind				
11c1 WL Failure - Introduction				
11c2 WL Failure – Ahead Obvious				
11c3 WL Failure – Ahead - Just				
11d1 WL Failure – Turn and Land				
11d2 WL Failure – Turn and Go				
11e1 WL Failure - V Low				

Lesson	Read Lesson	Viewed Demo	Completed Exercise	Mentor Confirmation
11e2 WL Failure - V V Low				
11e3 WL Failure - Ground Run				
Note: Condor throws winch launch failures at you at random. Tick off the exercises as they occur.				
12a Circuits - Normal				
12b Circuits - Out of Position ZigZag				
12b1 OOP Upwind - Land Downwind				
12b2 OOP Upwind - Land Upwind				
12b4 OOP - Change Landing Area				
12b5 OOP Downwind				
Extension: More Out of Position Circuit situations – repeat 12a to 12b5, using Airbrakes to reduce the start height.				
Extension: Circuit starting at height – use scenario 08b, making a decision to land when at 2,500' above the airfield.				
Extension: Circuit in Turbulence and Cross-wind – use scenario 08d to fly a circuit.				
12c1 Effect of Controls - Airbrakes				
12c2 Approach Control				
12c3 Undershoot Control				
12c4 Overshoot Control				
12d Landing				
12e Landing - Crosswind				
Extension: Use scenario 08d to land in a turbulent and stiff cross-wind.				
Extra: Ridge Soaring in good lift: use scenario 08d, turn right. Set a timed challenge of reaching the mountain top and landing back at the airfield.				
Extra: Ridge Soaring low, scratching: use scenario 12e, turn left. Set a timed challenge to climb to 2,000'.				

Notes:

The purpose of this record is to support your self-briefing. The lessons should be tackled in their numeric sequence (within reason), so that skills are developed incrementally. This record will confirm your progression.

Continued...

Read the Lesson	You have read the material, online or in Flight School, and understood the content, especially the Learning Points. If you have any questions, leave it unsigned and ask next time.
Viewed the Demonstration	You have viewed the flight exercise demonstration, and understood the use, cause and effect of the control inputs, and the rationale behind the relevant decision making. Demos can be viewed online or in Flight School.
Completed the Exercise	You have flown the exercise to a standard equivalent to the demonstration, achieving the goal(s) described in the lesson. These goals will include the handling skills and decision making.
Mentor Confirmation	A Sim Mentor signs to confirm your understanding of the lesson's Learning Points and agrees you have flown the exercises to a standard equivalent to the Demonstration. It is not necessary to fly variations on a theme (e.g. circuits at a different airfield), but you will benefit by doing so.